



Resilience Reads for Risk Champions

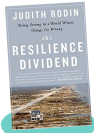
Resource Type: Infographics, Risk eNews

Topic: Business Continuity Planning, Crisis Management, Crisis Communications

Resilience Reads for Risk Champions

Here's our list of books that inspire resilience.

1



The Resilience Dividend

By Judith Rodin

Rodin defines resilience as the capacity of an organization "to prepare for disruptions to recover from shocks and stresses, and to adapt and grow from a disruptive experience."

She also offers a practical frame for evaluating organizational resilience. The frame consists of 5 characteristics that are key to resilience: 1. Aware, 2. Diverse, 3. Integrated, 4. Self-regulating, and 5. Adaptive.

The NRMCC team was so inspired by this frame that we created a **Resilience Quiz** for nonprofit teams. Take our Quiz at: <https://nrmcc.typeform.com/to/LpInkeqB>

2

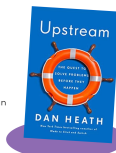
Upstream

By Dan Heath

The essence of Upstream is deeply relevant to penultimate problem-solvers, risk leaders!

Does every crisis your nonprofit faces feel like Groundhog Day? Heath reminds us that, "When you spend years responding to problems, you can sometimes overlook the fact that you could be preventing them."

This book offers timely and practical advice on early warning strategies and systems, keys to building resilience in a nonprofit.



3



Create the Future + the Innovation Handbook

By Jeremy Gutsche

"Optionality" is one of the fascinating topics covered in this thought-provoking book. Jeremy Gutsche writes that, "We tend to make decisions that get short-term results, not realizing that certain choices can fix us to the path we are on and reduce our future potential. Optionality is about making decisions that increase our future choices."

And dare we say, "resilience"?

4

The Gentle Art of Swedish Death Cleaning

By Margareta Magnusson

Resilience and agility are subtle themes in this powerful, quick read. Magnusson explains that sorting through one's things to remove that burden from others frees us up to focus on what's truly important in our lives.

Many nonprofits suffer from cluttered offices, chaotic programmatic menus, and messy board agendas.

Magnusson reminds us that, "A loved one wishes to inherit **nice** things from you. Not **all** things from you." The very same could be said about the leader who will inherit your job!



5

Resilience

Why Things Bounce Back

By Andrew Zolli & Ann Marie Healy

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Resilience: Why Things Bounce Back

By Andrew Zolli & Ann Marie Healy

Zolli and Healy explore resilience principles on both a granular and a global scale. Their exposition of resilience factors prove that each organization must determine its own **unique** set of strategies to maximize its ability to bounce back.

They write, "While there's no single recipe for every circumstance, every journey toward greater resilience begins with continuous, inclusive, and honest efforts to seek out fragilities, thresholds, and feedback loops of a system. . . Doing so calls us to greater mindfulness."

This reminds us that resilience must be **custom-tailored!**

We view book recommendations as gifts.

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