

## Thank you!



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## Mean What You Say, Say What You Mean

Although saying "thank you" is arguably easier than saying "I'm sorry," (the topic of last week's *RISK eNews*), many nonprofit leaders don't flex their thank you muscle often enough. A sincere "thank you" for support, a job well done, or simply for caring, affects the speaker and the recipient in interesting ways. Did you know, for example, that saying "thank you" can boost your "personal sense of well-being?"

In his article, "The Two Most Important Words," retired Mattel CEO Robert Eckert offers five simple tips for expressing thanks in a work setting:

- Make time Set aside time every week to acknowledge people's good work.
- **Get personal** Handwrite thank-you notes whenever you can. The personal touch matters in the digital age.

- Be timely and specific Punish in private; praise in public. Make the public praise timely and specific.
- Let the boss know Remember to cc people's supervisors. "Don't tell me. Tell my boss."
- **Build a grateful culture** Foster a culture of gratitude. It's a game changer for sustainable better performance.

To learn the art of saying "thank you" after a job interview, check out this helpful article from Fast Company.

Read <u>this article</u>, also from Fast Company, to learn why saying "thank you" can increase you personal sense of well-being.

Read <u>this article</u> from Harvard Business Review to learn why "thank you" are the two most important words a leader can say in the workplace.