

# **Resilience Reads for Risk Champions**

Resource Type: Infographics, Risk eNews

Topic: Business Continuity Planning, Crisis Management, Crisis Communications



#### Here's our list of books that inspire resilience.



### 0 The Resilience Dividend

#### By Judith Rodin

She also offers a practical frame for evaluating organizational resilience. The frame consists of 5 characteristics that are key to resilience: 1. Aware, 2. Diverse, 3. Integrated, 4. Self-regulating, and 5. Adaptive.

The NRMC team was so inspired by this frame that we created a **Resilience Quiz** for nonprofit teams. Take our Quiz at: https://nrmc.typeform.com/to/LpInkeqB



#### Upstream

Does every crisis your nonprofit faces feel like Groundhog Day? Heath reminds us that, "When you spend years responding to problems, you can sometimes overlook the fact that you could be preventing them."

This book offers timely and practical advice on early warning strategies and systems, keys to building resilience in a nonprofit.







#### Create the Future + the Innovation Handbook

By Jereny Gutsche

\*Opstionality\* is one of the fascinating topics covered in this thought-provoking book. Jereny Gutsche writes that, "We tend to make decisions that get short-term results, not realizing that certain choices can fix us to the path we are on and reduce our future potntail. Optionality is about making decisions that increase our future choices."



## The Gentle Art of Swedish

Death Cleaning

By Margareta Magnusson

Resilience and agility are subtle themes in this powerful, quick read. Magnusson explains that scring through one's things to remove that scring through one's things to remove that scring through one's through one's through one's many the same properties as up to focus on what's truly important in our lives.

Many nonprofits suffer from cluttered offices, chaotic programmatic menus, and messy board agendas.



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### Resilience: Why Things Bounce Back



They write. "While there's no single racipe for every circumstance, every journey toward greater consistence, every journey toward greater and honest efforts to seek out fragilities, thresholds, and feedback loops of a system... Doing so calls us to greater mindfulness."

This reminds us that resilience must be **custom-tailored**!

### We view book recommendations as gifts.

Want to share a book recommendation that belongs on our next list of riveting reads?





